

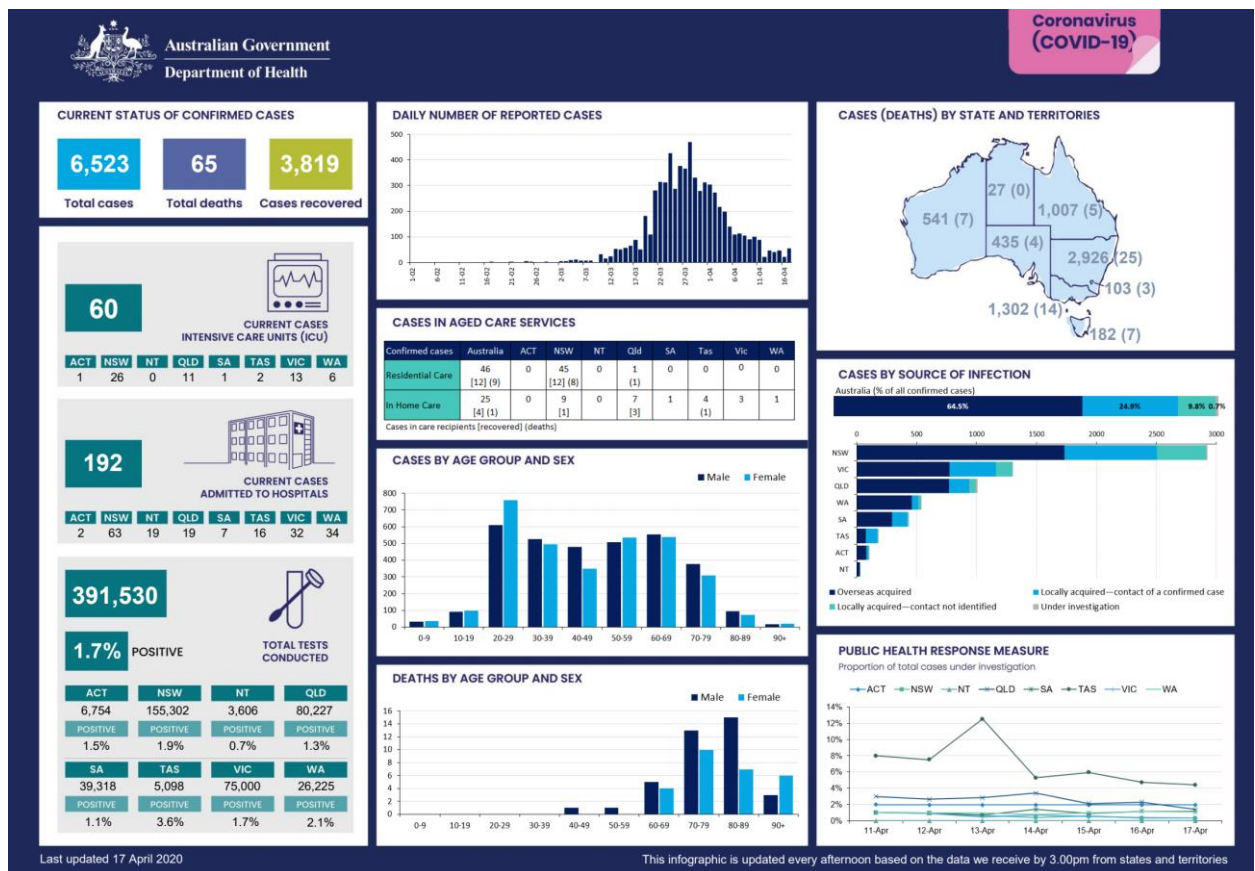
17th April 2020

Chung Wah CAC's Correspondence COVID-19 Update (Issue No. 11)

❖ Latest Updates from Australian Government (as of 17th April 2020):

COVID-19 in Western Australia

Cases	Total
Tested (negative)	25,684
Cases (positive)	541
Recovered	377
Deaths	7
Unknown source	14



- From Friday 17th April 2020, patients with a GP referral can be tested at 11 private pathology collection centres across the metropolitan area. Clinipath, Western Diagnostics and Australian Clinical Labs have dedicated these collection centres for COVID-19 testing. The new services are in addition to our COVID Clinics operating at seven hospital sites across the metropolitan area and at the Bunbury Health Campus and Broome Hospital, as well as at emergency departments in regional and metropolitan WA

PRIVATE PATHOLOGY BUSINESSES NOW PROVIDING COVID-19 TESTING

To visit a private testing facility you must have a GP referral

Western Diagnostic Pathology

Duncraig

Unit 4, 60 Arnisdale Rd Duncraig WA 6023

Monday to Friday: 13:00 – 16:00,
Saturday: 09:00 – 11:00,
Sunday: Closed

Myaree

9 Hayden Court Myaree

Monday to Friday: 09:00 - 16:00,
Saturday: 8:00 - 11:00,
Sunday: Closed

Rockingham

Suite 1, Hudson House 11 Council Ave Rockingham WA 6168

Monday to Friday: 07:30 - 13:00,
Saturday: 07:00 – 10:30,
Sunday: Closed

Australian Clinical Labs

Ascot

Unit 4/398 Great Eastern Highway, Ascot

Monday to Saturday: 08:00 – 12:00
Sunday: Closed

Mandurah

Unit 2G / 11B Smart Street, Mandurah

Monday to Friday (Morning): 8:00 – 12:00,
Monday to Friday (Afternoon): 12:30 – 15:30,
Saturday: 8:00 – 12:00,
Sunday: Closed

Ocean Reef

Unit 2 / 4 Prendiville Ave, Ocean Reef

Monday to Saturday: 8:00-12:00,
Sunday: Closed

Australian Clinical Labs (continued)

Subiaco

Unit 4 / 400 Barker Road, Subiaco

Monday to Saturday: 8:00-12:00,
Sunday: Closed

Clinipath Collection Centres

Cloverdale

Unit 2, 321 Abernethy Rd

Monday to Friday (Morning): 08:00-12:00,
Monday to Friday (Afternoon): 12:30-16:00,
Saturday and Sunday: Closed

Fremantle

201 High St

Monday to Friday (Morning): 08:00-12:30,
Monday to Friday (Afternoon): 13:00-16:00,
Saturday and Sunday: Closed

Joondalup

Joondalup Regents, 5 Regents Park

Monday to Friday (Mornings): 8:00 - 12:30,
Monday to Friday (Afternoon): 13:00 - 16:00,
Saturday and Sunday: Closed

West Leederville

West Leederville McCourt, Unit 1A, 2 McCourt St

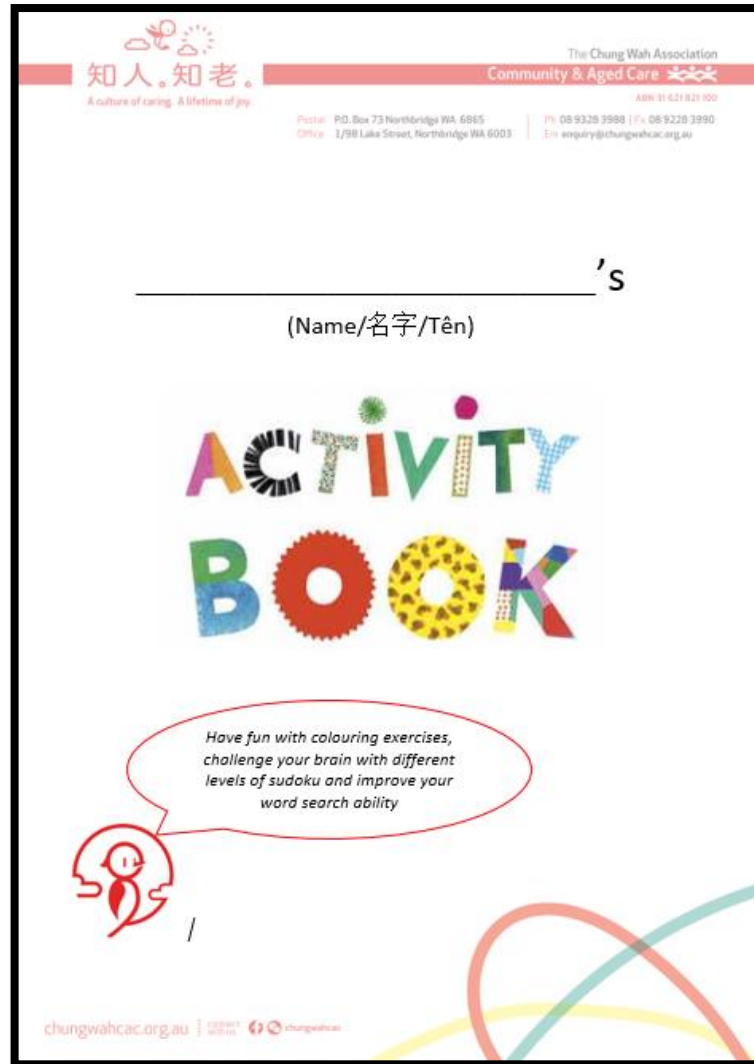
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❖ What CAC is doing:

- CAC's priorities are the wellbeing of our consumers as well as our staff. Thus, our support workers are regularly provided with appropriate PPE to ensure safe service delivery. We also would like to take this opportunity to thank our amazing frontline support workers who have continuously demonstrated their dedication to support our vulnerable individuals during this pandemic!



- CAC understands that it is very difficult for a lot of people to stay at home, especially if they are active members of our community. We are very excited to introduce the first edition of our Activity Book, which includes colouring exercises as well as sudoku and word search puzzles that can entertain you. The most special part about this Activity Book are the colouring pages which were designed by one of our talented volunteers, Ms Ng. We are very fortunate to have such amazing support from our community members to ensure our elderly and those with disabilities are looked after at home. This will be distributed to all of our elderly and NDIS participant within the upcoming weeks. Moreover, as a way of express gratitude towards our community, soft copies will be available for all our community members to download. Please email enquiry@chungwahcac.org.au should you be interested in a copy.



❖ Frequent Asked Questions:

1. I am over 70 years old, will I get fined \$1000 if I'm caught outside my home?

According to the government's advice, individuals over 70 are strongly recommended to remain at home and only to go out for essential reasons (work/education, grocery/food, exercise, medical appointments). It is not mandatory for them to stay inside. You will not be fined \$1000 if you are outside. For example: you can still go out for grocery shopping or exercise (with a family member if needed). Social distancing should be practiced as much as possible.

We do not recommend our elderly to go out unless they must (as per reasons stated above).

❖ **How you can help to prevent the spread of coronavirus:**

- Go about your business as usual, remain calm and use common sense.
- Protect yourself through quality personal hygiene like you would in the winter flu season – this includes covering coughs and sneezes, washing hands often with soap or sanitiser and staying away from work or school if you are unwell.
- Continue to follow the advice of health authorities - anyone instructed to self-isolate by a doctor or medical professional must take the request seriously, stay home and not put others at risk.
- Elderly over 70 should remain at home as much as possible and avoid going out to reduce risks of them getting infected.
- Know the facts by sourcing accurate information, from credible sources such as the Department of Health (<https://www.health.gov.au/resources/collections/novel-coronavirus-2019-ncov-resources>).

Everyone plays a part, we are all in this together!