

1<sup>th</sup> May 2020

## Chung Wah CAC's Correspondence COVID-19 Update (Issue No. 15)



### ❖ Latest Updates from Australian Government (as of 30<sup>th</sup> April 2020):



## WA COVID-19 UPDATE

30 April 2020 - 5:00pm AWST



### WESTERN AUSTRALIA

<b>New cases today:</b>	<b>0</b>
<b>Active cases:</b>	<b>36</b>
Patients recovered:	507
Deaths <sup>1</sup> :	8
Total confirmed cases <sup>1</sup> :	551
Unknown sources <sup>2</sup> :	16
Tested (do not have COVID-19):	37,251



### AUSTRALIA

Total confirmed cases:	6,746
New cases today:	8
Recovered:	5,685
Deaths:	90

*National data from health.gov.au (6:00am 30 April 2020)*

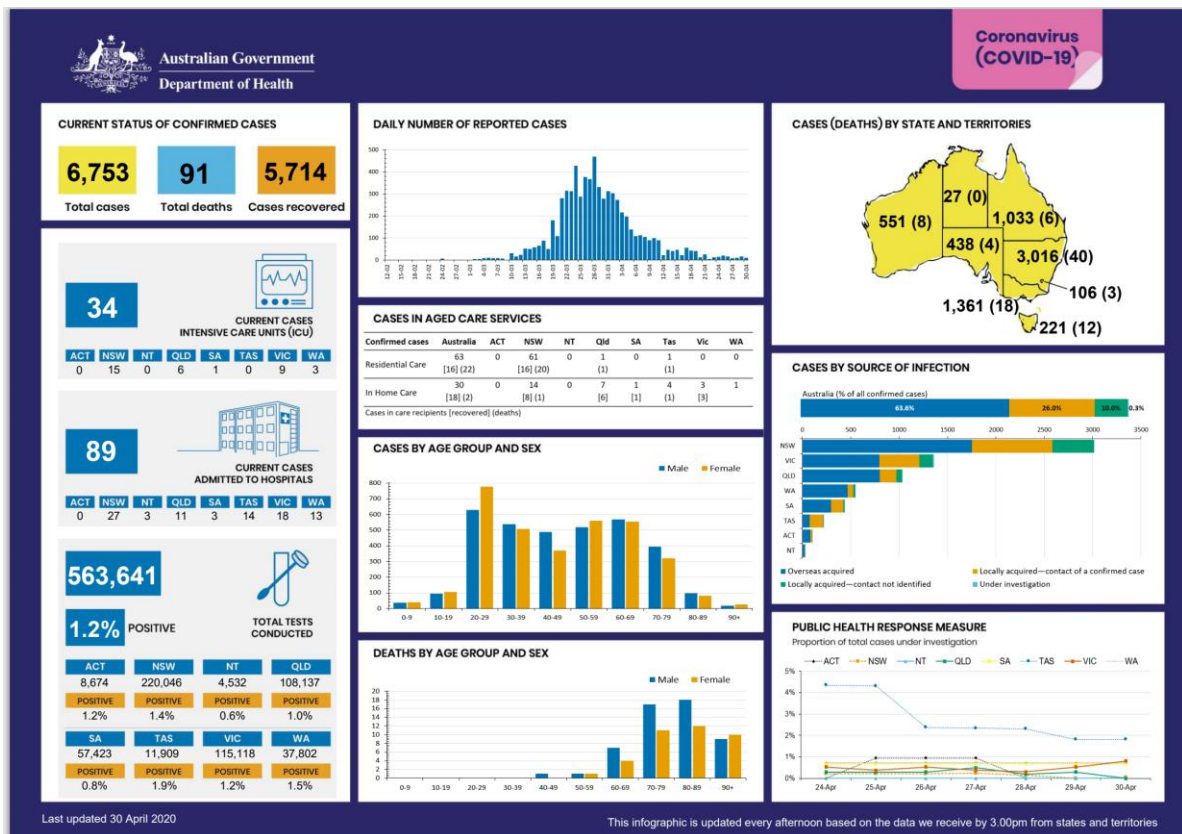
<sup>1</sup> Includes 81 total cases and 4 deaths involving travellers associated with the Artania cruise ship

<sup>2</sup> Cases where contact tracing has been completed and were found to have not travelled overseas or been in close contact with another confirmed case

### COVID-19 in Australia

State	Cases	Deaths
Western Australia	551	8
Australian Capital Territory	106	3
New South Wales	3,016	40
Northern territory	27	0
Queensland	1,033	6
South Australia	438	4
Tasmania	221	12
Victoria	1,361	18
<b>Total</b>	<b>6,753</b>	<b>91</b>

Last reviewed: 01-05-2020



- As of Monday 27<sup>th</sup> April 2020, based on expert health advice, WA's two person limit on non-work indoor and outdoor gatherings has been adjusted, with the limit rising to 10 people. Additionally, the list of acceptable activities to do away from home has been expanded slightly. Everyone should continue to practise appropriate social distancing and stay home except for:
  - Shopping for what you need, such as food or other necessary supplies
  - Medical or health care needs, including compassionate requirements
  - Exercise, including outdoor personal training without shared equipment
  - Training or University study, where remote learning is unavailable
  - Childcare or school
  - Work
  - Non-contact recreational activities such as private picnics in the park, fishing, boating, hiking and camping – all in compliance with travel restrictions and the new 10-person rule
  - Home opens and display village openings, with appropriate record keeping and hygiene practices in place, and in compliance with the 10-person rule
  - A maximum of 10 people will be allowed at weddings (an increase from the five person limit), funerals, outdoor personal training (no shared equipment), home opens and display village inspections as part of these changes.

## ❖ What CAC is doing:

- The Empathy Museum's Clare Patey once said, 'Stories are an entry point to understanding a different experience of the world'. The aspect of story telling places an important role in connecting people together. That is why Chung Wah CAC has always encouraged our consumers to tell us their stories as these allow us to learn and see the world as our consumers see it. We also share these stories with the hope that we can bring everyone closer, to understand more about each other and together building a better community for all. Since our last share of Florence, we were overwhelmed with happiness to receive more amazing stories from our support workers and consumers. Please continue to share with us your stories as well as the challenges you face during this period. We are only one call away!
- Due to the temporary closure of centres, many of our seniors can no longer do what they love with others at centre. However, it does not stop us from bringing your favourite activities to you through our inhome respite service. Our support workers will keep you busy for hours with mah-jong games, cooking, exercising, etc.



(Guan Hai and Hui Ming enjoyed playing many mah-jong matches)

- Our CAC staff members have been over the moon to hear that many of our consumers are missing our Day Centres, and we also miss you too and cannot wait to see you when it is safe to do so. At this point in time, we are still closely monitoring the evolving development of COVID-19 situation in our state, and reviewing our services based on recommendations issued by Department of Health as well as State and Federal Government.

- Starting from next week, our COVID-19 Response Team will not attach PDF files in our regular COVID-19 Update emails. These will be replaced by web links to our CAC website in which you can choose your preferred language to view and download.

### ❖ **How you can help to prevent the spread of coronavirus:**

- Go about your business as usual, remain calm and use common sense.
- Protect yourself through quality personal hygiene like you would in the winter flu season – this includes covering coughs and sneezes, washing hands often with soap or sanitiser and staying away from work or school if you are unwell.
- Continue to follow the advice of health authorities - anyone instructed to self-isolate by a doctor or medical professional must take the request seriously, stay home and not put others at risk.
- Elderly over 70 should remain at home as much as possible and avoid going out to reduce risks of them getting infected.
- Know the facts by sourcing accurate information, from credible sources such as the Department of Health (<https://www.health.gov.au/resources/collections/novel-coronavirus-2019-ncov-resources>).
- Download COVIDSafe app to your mobile phone as it helps users to identify if they have come into contact with someone who has coronavirus and users can give the information to relevant health authorities (<https://www.health.gov.au/resources/apps-and-tools/covidsafe-app>)

**Everyone plays a part, we are all in this together!**