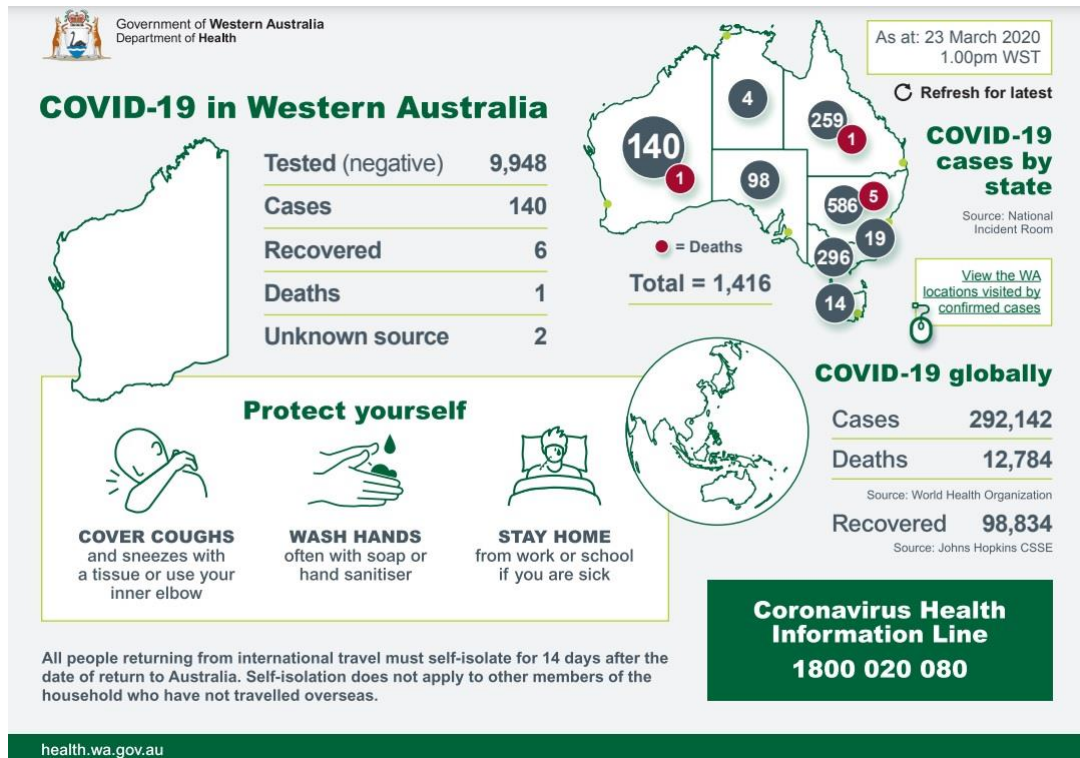


24th March 2020

Chung Wah CAC's Correspondence COVID-19 Update (Issue No. 4)

❖ Latest Updates from Australian Government (as of 23th March 2020):



- On 22 March 2020, the Prime Minister, the Hon. Scott Morrison MP, announced new measures to protect Australians from coronavirus (COVID-19). These include:
 - Social gathering facilities including hotels, gyms and indoor sporting venues, cinemas, casino, etc. will be restricted from open from 23 March 2020 onwards
 - Restaurants and cafes will be restricted to takeaway and/or home delivery
- On 22 March 2020, McGowan Government released tightening measure to close Western Australia borders for non-essential travels from 24 March 2020 onwards.
- From 17 March 2020, supermarkets Woolworth and Coles have designated 7-8am timeslot (Monday, Wednesday & Friday for Coles supermarkets) exclusively for seniors and people with disabilities. A government-issued concession card is required.

❖ What CAC is doing:

- CAC staff continue to regularly practice good hygiene and social distance as part of our preventative measures while assisting our elderly with light exercises at our Balcatta Centre during our last 2 days before temporary closure on Wednesday 25 March 2020.



- Maintaining home help services and preventing consumers feeling isolated will be CAC's main driving forces in service delivery in the coming months. Our departments are working together to develop alternative service options to ensure that all of our seniors are fully supported. Stay tuned for further information about our services in the upcoming correspondence issues.
- Nowadays there have been a lot of mixed information of the use of face masks. While CAC is aware that wearing masks is considered as a preventative measure to prevent the spread of COVID-19 in some countries, the Australian Health Department has clearly stated that there is little evidence supporting the widespread use of surgical masks in healthy people to prevent transmission in public. Unfortunately, due to the current high demand and non-availability of face masks, CAC is not able to supply face masks for general use. In line with the government guidelines our support workers will only wear a face mask for specific tasks such as meal preparation/food handling. Should a family request our workers to wear a face mask, the mask will need to be supplied by the consumer and the consumer & family will also wear masks during service delivery.

<https://www.health.gov.au/resources/publications/coronavirus-covid-19-information-on-the-use-of-surgical-masks>

❖ How you can help to prevent the spread of coronavirus:

- Continue to practice good hand hygiene, cough etiquette and social distance.
- Stay home and avoid going out. Contact your GP via phone if unwell
- CAC understands that this is a difficult and confusing time, we are here to support you in every ways we can. However we also need your help to let us know immediately if you are experiencing flu-like symptoms, having contacts with someone who is a suspected/confirmed case of COVID/19 or recently returned from overseas. This is very crucial step to protect our staff, our consumers and our community.
- Be aware of online scammers using COVID-19-themed text messages. Do not click on links in emails or messages, or open attachments, from people or organisation you don't know. If you're unsure, talk through the suspicious message with a friend or family member.

<https://www.abc.net.au/news/science/2020-03-23/coronavirus-phishing-scams-emails-texts-australians-vulnerable/12079486>

- Remain calm and continue your daily activities as usual.

Everyone plays a part, we are all in this together!