



Chung Wah CAC's Correspondence COVID-19 Update (Issue No. 7)

❖ Latest Updates from Australian Government (as of 2nd April 2020):

COVID-19 in Western Australia

Cases	Total
Tested (negative)	15,790
Cases (positive)	400
Recovered	92
Deaths	2
Unknown source	9

COVID-19 in Australia

State	Cases	Deaths
Western Australia	400	2
South Australia	367	0
Tasmania	68	2
Victoria	968	4
Australian Capital Territory	84	1
New South Wales	2,182	8
Queensland	781	3
Northern territory	18	0
Total	4,868	20

COVID-19 globally

Cases	Total
Cases (positive)*	935,817
Deaths*	47,208
Recovered*	193,700

* Source: World Health Organization

* Source: Johns Hopkins CSSE

Last reviewed: 02-04-2020

As at 6:00am on 3 April 2020, there have been 5,224 confirmed cases of COVID-19 in Australia. There have been 248 new cases since 6:00am yesterday.

Of the 5,224 confirmed cases in Australia, 23 have died from COVID-19. More than 270,000 tests have been conducted across Australia.

Location	Confirmed cases*
Australian Capital Territory	88
New South Wales	2,389
Northern Territory	20
Queensland	835
South Australia	385
Tasmania	71
Victoria	1,036
Western Australia	400
Total**	5,224

* Note that under National Notifiable Diseases Surveillance System reporting requirements, cases are reported based on their Australian jurisdiction of residence rather than where they were detected. For example, a case reported previously in the NT in a NSW resident is counted in the national figures as a NSW case.

** Includes Diamond Princess repatriation cases: Qld (3), SA (1), Vic (4), WA (2, including 1 death)

- On 1 April 2020, the Prime Minister, the Hon. Scott Morrison MP, announced further measures to protect Australians from coronavirus (COVID-19). These include:
 - Child care centres will be temporarily made available for free for parents who need it. It was recommended that centres should prioritise enrolments for the parents who need it most — parents still working, parents who are struggling to provide safe care for their kids at home, vulnerable children, and then parents who have already taken their kids out of childcare
- On 2 April 2020, McGowan Government introduced a temporary closure of its interstate border effective from midnight on Sunday 5 April 2020.
- As of Thursday 2nd April, the testing criteria for COVID-19 will be expanded significantly at all COVID-19 clinics.
 - General Public Testings:
Any person presenting with **BOTH** a fever ($\geq 38^{\circ}$ C) AND an acute respiratory infection (e.g. shortness of breath, cough, sore throat) will be tested.
 - High-risk Settings:
Anyone working within a high-risk setting that presents with **EITHER** a fever ($\geq 38^{\circ}$ C) **OR** an acute respiratory infection will be tested. This includes healthcare workers (including aged care and disability workers) and Western Australian Police Officers.

Testing will also be arranged for anyone from the following high-risk settings where two or more people are experiencing EITHER a fever ($\geq 38^{\circ}$ C) OR an acute respiratory infection:

- + aged and residential care;
- + rural and remote Aboriginal communities;
- + detention centres;
- + correctional facilities;
- + boarding schools;
- + military barracks or equivalent;
- + geographically localised areas with increased risk of community transmission; and
- + cruise ship passengers or returned travellers (international and domestic).

- There are now 7 COVID clinics opening across the metropolitan area (8.00 am to 8.00 pm daily) and one regional clinic operating at Bunbury Health Campus:
 - Armadale Health Service – Ground Floor, 3056 Albany Highway Mount Nasura
 - Fiona Stanley Hospital – Bedbrook Row, north-eastern end of hospital, Murdoch
 - Joondalup Hospital – Car Park P4, Regents Park Road
 - Rockingham General Hospital – Elanora Drive Cooloongup
 - Royal Perth Hospital – Ground Floor, Ainslie House, 48 Murray Street, Perth
 - St John of God Midland Hospital – Yelverton Drive Midland
 - Sir Charles Gairdner Hospital – C Block, Hospital Avenue, Nedlands

❖ **What CAC is doing:**

- CAC staff has commenced our CAC Care Line Support this week to keep our consumers connected while staying safe at home. If you would like to contact you more frequently, please do not hesitate to let our staff know.



- As the flu season is upon us, CAC highly recommended our elderly to get influenza vaccination. CAC can organise our registered nurse to visit your house and perform the vaccination so that our consumers do not need to go out. Should you wish to utilise this service, please contact your respective coordinator.

❖ **Frequent Asked Questions:**

1. **Can I visit my parents during this period?**

At the moment, the government's advice is that families split across two houses can meet, so you are allowed to visit your parents or a sibling. But all the social- and physical-distancing rules are still in play, so try to keep 1.5 metres between everyone as much as possible.

If you are unwell or have come into contact with someone who has COVID-19, do not go and see your parents (or anyone else).

2. **Can I babysit my grandchildren if I don't live with them?**

The federal government is recommending those over 70, those with chronic illness over 60 and Indigenous people over 50, self-isolate as much as possible. Therefore it is not recommended for elderly to babysit young children.

In Western Australia, family visits are generally exempt from the 2-person gathering limits; however unnecessary social interaction is discouraged.

3. **I don't have a home care package or CHSP but I need help with my shopping.**

CAC has recently established Food/Grocery Delivery service and this is open to all members in the community even though you are not neither Home Care Package, CHSP nor NDIS consumer. You can give our support worker a shopping list and they will collect such items for you. Should you wish to use this service, please contact our office.

❖ **How you can help to prevent the spread of coronavirus:**

- Go about your business as usual, remain calm and use common sense.
- Protect yourself through quality personal hygiene like you would in the winter flu season – this includes covering coughs and sneezes, washing hands often with soap or sanitiser and staying away from work or school if you are unwell.
- Continue to follow the advice of health authorities - anyone instructed to self-isolate by a doctor or medical professional must take the request seriously, stay home and not put others at risk.
- Elderly over 70 should remain at home as much as possible and avoid going out to reduce risks of them getting infected.
- Know the facts by sourcing accurate information, from credible sources such as the Department of Health (<https://www.health.gov.au/resources/collections/novel-coronavirus-2019-ncov-resources>).

Everyone plays a part, we are all in this together!