

5<sup>th</sup> May 2020

## Chung Wah CAC's Correspondence COVID-19 Update (Issue No. 16)

### ❖ Latest Updates from Australian Government (as of 4<sup>th</sup> May 2020):

#### COVID-19 statistics

As of 4 May 2020

There have been no new cases reported in WA in the last 24 hours

#### COVID-19 in Western Australia

	Total
Tests	47,029
Cases (positive)	551
Recovered	527
Deaths	9
Unknown source	17

#### COVID-19 in Australia

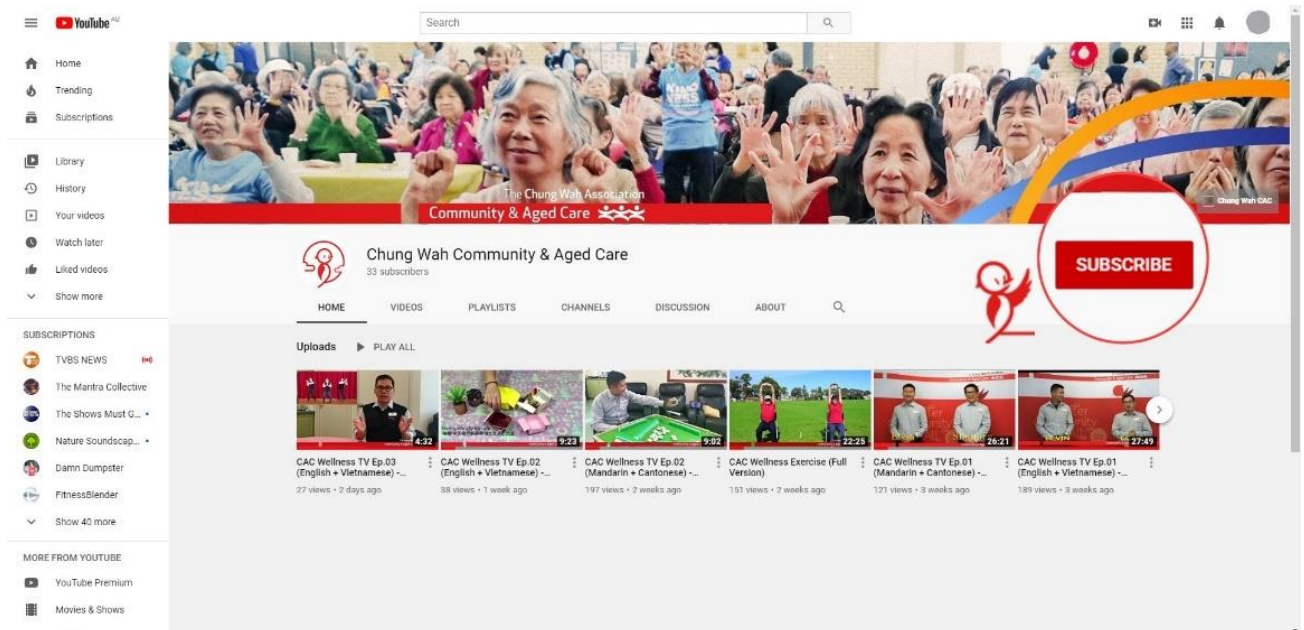
State	Cases	Deaths
Western Australia	551	9
Australian Capital Territory	106	3
New South Wales	3,035	42
Northern territory	29	0
Queensland	1,035	6
South Australia	438	4
Tasmania	223	13
Victoria	1,384	18
<b>Total</b>	<b>6,801</b>	<b>95</b>

Last reviewed: 04-05-2020

- On 1<sup>st</sup> May 2020, McGowan Government announced that it is partnering with the Telethon Kids Institute in a study to conduct random asymptomatic COVID-19 spot testing at 80 WA public schools.

## ❖ What CAC is doing:

- Let's start off this week with our CAC energetic team via our newest Youtube video. We promise our handwash dance will make you burst with laughter and forget your stay-at-home blues. Please watch until the end of video for a surprise <https://www.youtube.com/watch?v=RT7J1seKrxA>. Also, click the SUBSCRIBE button to receive notifications about our newest videos.



- Understanding that one of the goals that many of CAC consumers have set out for themselves is to live independently at home, CAC wants to make sure that you can still achieve this goal despite challenging times and possibly learn some new skills or hobby during your wellness journey. Thus, we would like to invite our seniors and NDIS participants to contact us anytime they want to talk to our staff. Even when you receive a missed call from one of our staff, do not hesitate to call on (08)9328 3988.
- According to our Chief Medical Officer, the new Australian Government's COVIDSafe app will help our community safe and ensure we can return to our normal lives as quickly as possible. In line with this recommendation, we are encouraging all the community, our seniors and NDIS participants to download the app to help slow the spread of COVID-19. (<https://www.health.gov.au/resources/collections/covidsafe-app-campaign-resources>)

- While we are very thrilled that Western Australia marked our fifth day with no new cases of COVID-19 detected in our state. Chung Wah CAC would like to remind our staff, consumers and volunteers to continue practicing social distancing as much as possible. Until there is a vaccine or treatment for COVID-19, we are still at risk of being exposed to this virus and one of the most effective ways to prevent the spread is to keep a safe distance (1.5 metres) between yourself and others. Let's continue the amazing work that we have been doing so well!

### ❖ **How you can help to prevent the spread of coronavirus:**

- Go about your business as usual, remain calm and use common sense.
- Protect yourself through quality personal hygiene like you would in the winter flu season – this includes covering coughs and sneezes, washing hands often with soap or sanitiser and staying away from work or school if you are unwell.
- Continue to follow the advice of health authorities - anyone instructed to self-isolate by a doctor or medical professional must take the request seriously, stay home and not put others at risk.
- Seniors over 70 should remain at home as much as possible and avoid going out to reduce risks of them getting infected.
- Know the facts by sourcing accurate information, from credible sources such as the Department of Health (<https://www.health.gov.au/resources/collections/novel-coronavirus-2019-ncov-resources>).
- Download COVIDSafe app to your mobile phone as it helps users to identify if they have come into contact with someone who has coronavirus and users can give the information to relevant health authorities (<https://www.health.gov.au/resources/apps-and-tools/covidsafe-app>)

**Everyone plays a part, we are all in this together!**