



1st February 2021

Chung Wah CAC's Correspondence COVID-19 Update (Issue No. 34)

❖ Latest Updates from WA Government (as of 31st January 2021):



Five-day lockdown restrictions for Perth, Peel and South-West

EFFECTIVE 6PM, SUNDAY 31 JANUARY:

A five-day lockdown will be introduced for the Perth, Peel and the South West regions to prevent the spread of COVID-19.

AS A RESULT, THE FOLLOWING RESTRICTIONS WILL APPLY TO RESIDENTS OF PERTH, PEEL AND SOUTH-WEST REGIONS




Lockdown

A five-day lockdown will be introduced, effective from 6pm tonight until 6pm Friday, 5 February.



Schools

Schools in these regions will be closed until February 7. Term 1, 2021, due to start from February 1, will be postponed by one week.



Stay at home

People will be required to stay at home unless traveling for the four essential purposes.



Masks

Masks are to be worn at all times when outside of your place of residence, this includes at workplaces, during exercise and on public transport.

IMPORTANT



**IF YOU ARE UNWELL
STAY HOME AND GET
TESTED IMMEDIATELY**

Locations and opening times for COVID Clinics can be found at www.wa.gov.au

THE FOLLOWING RULES APPLY



Exercise physical distancing where possible



Keep up healthy hygiene habits



Stay home and restrict all non-essential travel. Get tested if you feel unwell



Get the SafeWA app now: Contact registers required at WA venues.

Please refer to <https://www.wa.gov.au/government/announcements/perth-metro-peel-and-south-west-enter-hard-lockdown> for more information.



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The Chung Wah Association

Community & Aged Care 

ABN 31 621 821 100

❖ **What CAC is doing:**

- We are still providing in-home support as usual. All our support workers are required to wear a face mask when they are providing support. Consumers are also required to wear a mask if support workers are bringing them out for individual social support, i.e., shopping for essentials, attending urgent medical appointment etc.
- Our centre activities at both hubs (Balcatta and Willetton) have been temporary suspended until 5th February. We anticipate our centre to reopen the following Monday, 8th February and we will closely monitor the updates from the WA Government and Health Authority.
- If you or your family members are isolated at home and unable to attend to their daily needs, please give us a call at 08 9328 3988. Remember, you are not alone. Chung Wah CAC is always here to support you .

❖ **How you can help to prevent the spread of coronavirus:**

- People will be required to stay at home unless they need to:
 - Shopping for food or necessary supplies
 - Accessing medical or healthcare requirements, including compassionate care for the vulnerable
 - Exercising with a maximum of one other person, for a period of up to one hour per day
 - Working, if you cannot work remotely
- Mask must be worn at all times when outside of your place of residence.
- If you have been to high-risk areas which announced by the health authority in the link below, inform the health authority, get tested and self-isolate:
https://www.healthywa.wa.gov.au/Articles/A_E/Coronavirus/Locations-visited-by-confirmed-cases
- Protect yourself through quality personal hygiene – this includes covering coughs and sneezes, washing hands often with soap or sanitiser and keep social distancing

Everyone plays a part; we are all in this together!

Call us at 93283988