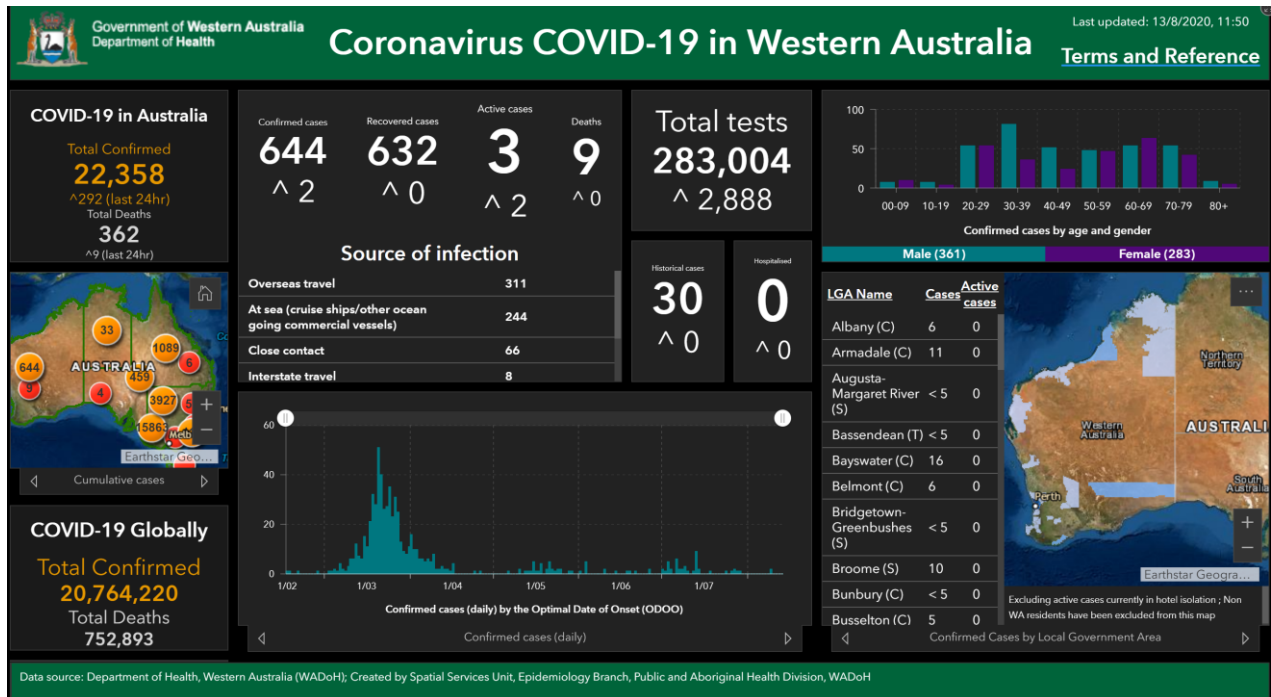




14th August 2020

Chung Wah CAC's Correspondence COVID-19 Update (Issue No. 31)

❖ Latest Updates from Australian Government: (as of 13th August 2020):



- WA Government announced a push back of Phase 5 with a tentative start date Saturday 29th August 2020. See the [WA Roadmap](#) for more information.
- From midnight on Thursday 13 August; any truck driver entering Western Australia will need to show evidence of having received a negative COVID-19 test result in the last 7 days.
- From midnight on Thursday 13 August, all interstate arrivals will be subject to a requirement to present for testing on Day 11 after arrival in WA. This is in addition to any testing requirements in place for interstate arrivals from Victoria or NSW.
- The cap on international arrivals to Perth Airport has been extended until 24 October 2020, which limits the number of international passengers entering Western Australia to 525 per week, or about 75 a day.



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Community & Aged Care 

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❖ What CAC is doing:

- As the whole Australia is praying for Victorians, especially our Melbourne families and friends, the most important lesson we have learnt throughout this painful experience is how extremely vulnerable our seniors and NDIS participants are during this COVID-19 pandemic. While there are other factors that contribute to the outbreak, there has been a high number of infections at residential aged care settings. Even though Chung Wah CAC is not a residential facility, we share the concerns and challenges with other Aged Care and Disability service providers in keeping our consumers and participants safe during service delivery. We place strong emphasis on infection prevention and control as the safety and wellbeing of seniors, individuals with disability, staff and volunteers will always be our first priority. We might have been repeating the same message for the past few weeks, but we would like to, again, encourage our readers to do their part by exercising all the necessary precautions to protect yourself and your loved ones. These include practicing regular hand hygiene, social distance and sneeze/cough etiquette. Please stay home if you feel unwell, and contact your medical practitioner if you suspect that you might be infected.
- Chung Wah CAC has and will continue to put in place all necessary measures as advised by our Federal and State governments in our infection prevention and control protocols. Moreover, we would like to acknowledge how amazing our staff, support workers & volunteers have been for being responsible and following all of our required precautionary measures. Recently, one of our support workers had a family member being asked to complete a COVID-19 test. After being aware of this information, she immediately contacted us, and was happy for us to find relief workers for her regular consumers until further notice. Even though the test came back negative, she took additional leave to ensure that she posed no risks to the community before going back to work. We would like to give our sincere thank you to this support worker and everyone who is part of our CAC for continuously doing the right things. Together, we will continue to keep our community safe and COVID-19 free.



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❖ How you can help to prevent the spread of coronavirus:

- Go about your business as usual, remain calm and use common sense.
- Protect yourself through quality personal hygiene like you would in the winter flu season – this includes covering coughs and sneezes, washing hands often with soap or sanitiser and staying away from work or school if you are unwell.
- Continue to follow the advice of health authorities - anyone instructed to self-isolate by a doctor or medical professional must take the request seriously, stay home and not put others at risk.
- Know the facts by sourcing accurate information, from credible sources such as the Department of Health (<https://www.health.gov.au/resources/collections/novel-coronavirus-2019-ncov-resources>).
- Download COVIDSafe app to your mobile phone as it helps users to identify if they have come into contact with someone who has coronavirus and users can give the information to relevant health authorities (<https://www.health.gov.au/resources/apps-and-tools/covidsafe-app>)

Everyone plays a part, we are all in this together!