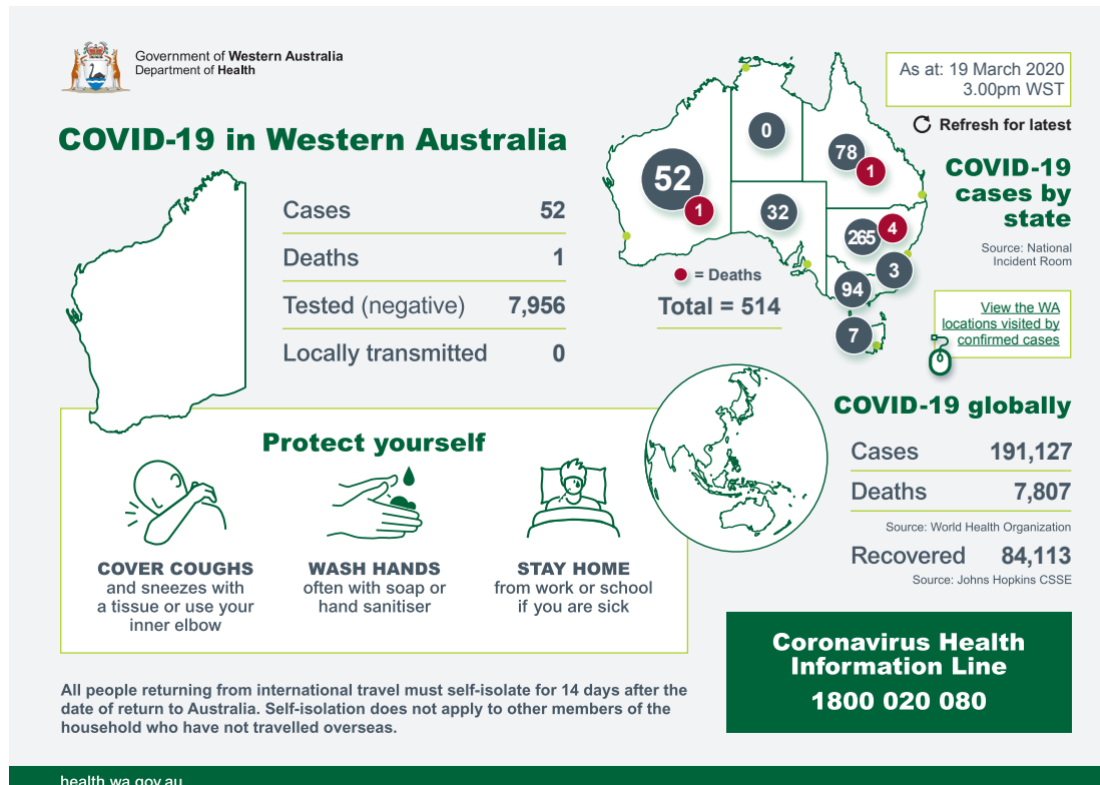


20<sup>th</sup> March 2020

## Recent Correspondence COVID-19 (Issue No. 3)

### ❖ Latest Updates from Australian Government (as of 19<sup>th</sup> March 2020):



- On 18 March 2020, the Prime Minister, the Hon. Scott Morrison MP, announced new measures to protect Australians from coronavirus (COVID-19). These include:
  - A limit of no more than 100 people for non-essential indoor gatherings & 500 people of outdoor gatherings
  - Cancellation of ANZAC day ceremonies
  - Restrictions on visitors to aged care facilities.
  - Australians are strongly advised not to travel overseas at this time. Australian who are currently overseas are being urged to return as soon as possible
- Do not visit aged care facilities if you have:
  - Returned from overseas in the last 14 days
  - Been in contact with a confirmed case of COVID-19 in the last 14 days

- Have a fever or symptoms of a respiratory infection such as a cough, sore throat or shortness of breath
- From 1 May 2020, you must have had your influenza vaccination to visit an aged care facility.
- On 18 March 2020, first regional COVID clinic is established at Bunbury Health Campus.

### ❖ What CAC is doing:

- At present, no CAC employee, volunteers or consumers have been confirmed to have COVID-19,
- CAC staff continue to regularly practice good hygiene and temperature check at our Balcatta Centre as part of our preventative measures





- Due to continual rapid increase of COVID-19 cases, to minimise the spread of COVID-19 to our seniors and community, CAC will temporarily stop our social support groups and Centre Based Day Care from 25 March 2020. Thus, both of our Balcatta & Willetton Centre will be closed until further notice. CAC understands that the temporary closure of centres will put on our seniors at a higher risk of social isolation, Balcatta Centre will open only for a limited number of clients who are in extreme need of social support. Priority will be given to clients who are living by themselves or having no one to look after, having significant health issues and require high levels of care and supervision. CAC will also be implementing an alternative service (1-1 social support) to ensure our clients' emotional and mental well being are well looked after.

### ❖ **How you can help to prevent the spread of coronavirus:**

- Continue to practice good hand hygiene, cough etiquette and social distance.
- Stay home and avoid going out if unwell. Contact your GP via phone
- Call 1800 020 080 if you are seeking information on coronavirus (COVID-19). The line operates 24 hours a day, seven days a week.
- Remain calm and continue your daily activities as usual. Everyone plays a part as we are all in this together!