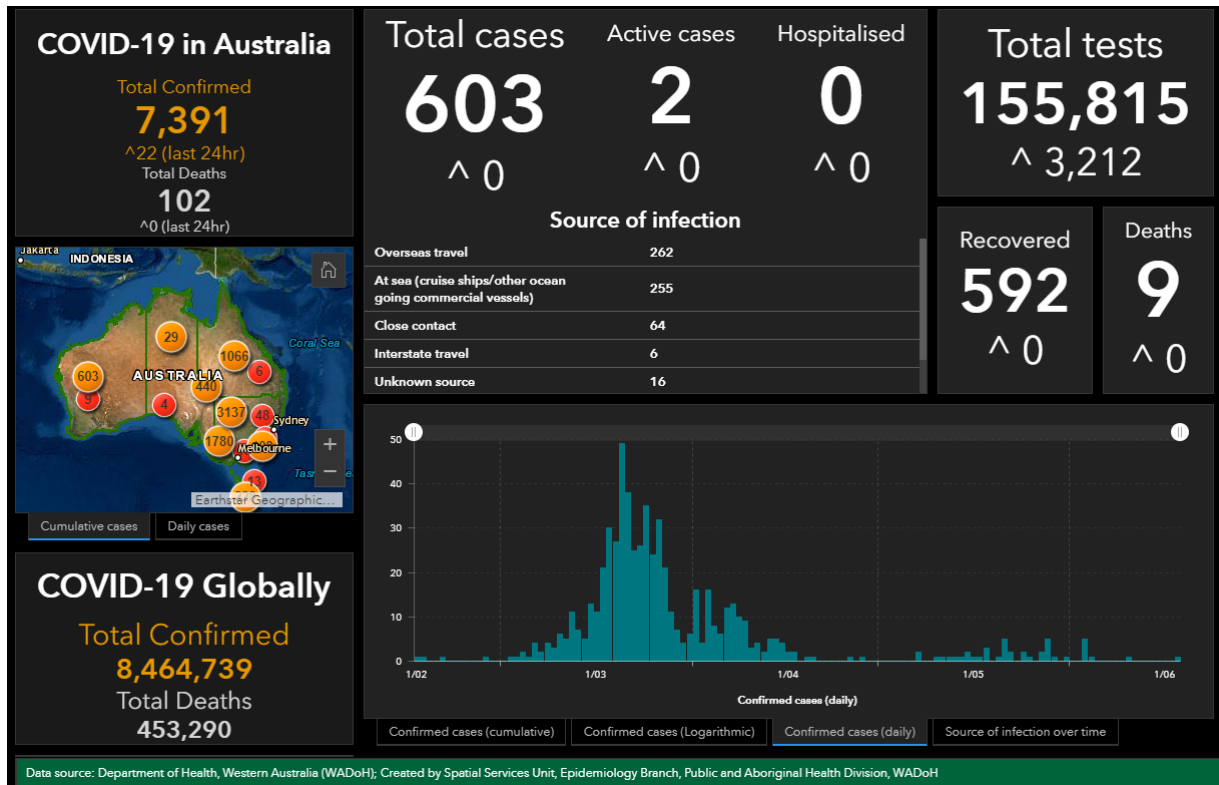




Chung Wah CAC's Correspondence COVID-19 Update (Issue No. 25)

❖ Latest Updates from Australian Government (as of 19th June 2020):



- Phase 3 took effect on Saturday 6th June 2020. More information on WA Road Map can be found at <https://www.wa.gov.au/organisation/departments-of-the-premier-and-cabinet/covid-19-coronavirus-wa-roadmap>
- The WA Department of Health's DETECT Snapshot program invited people from identified groups in the community who were asymptomatic to be tested to get a better understanding of any COVID-19 in the community. To date, 18,554* tests were reported, with 28% male and 72% female. All tests results were negative for COVID-19.
 Of the eligible groups, 61% tested were from healthcare, 10% from retail, 12% schools, 5% meatworkers, 5% hospitality, 3% police, 2% transport, <1% tourism.
- On 16 June 2020, WA public hospital elective surgery back at full capacity

❖ What CAC is doing:

- We are excited to announce that Chung Wah CAC, in adherence to government's guidance and recommendations, will be opening our Balcatta Hub for social support on **Monday 6th July 2020**. Our Willetton Hub will remain close for now and we will inform you as soon as we can about a reopening date. Should you wish to resume your attendance at our centre, please contact your respective Case Coordinators! It has been a challenging couple of months, and we cannot wait to see everyone very soon!
- Despite the encouraging low number of COVID-19 cases in WA, it is very crucial that all of us continue to follow all necessary cautions to prevent the spread of COVID-19 in our community. In addition, we would like to ask for your participation to adhere to our updated response plan below:

Relevant Event	Action by Clients	Action by CAC
Contact with someone who recently returning from interstates and/or overseas	1. Notify CAC	If CAC is providing services, CAC staff will be required to wear Personal Protective Equipment (such as face mask and gloves).
Contact with a suspected/confirmed case of COVID-19 person	1. Notify your local GP or hospital 2. Notify CAC 3. Follow instructions from relevant medical authority	CAC staff who have been in contact with a suspected/confirmed case of COVID-19 must self-isolate for 14 days or until a negative test is available. If CAC is providing services, CAC staff will be required to wear Personal Protective Equipment (such as face mask and gloves).
Not feeling well in general	1. Notify your GP and/or seek medical treatment 2. Notify CAC and suspend attendance to community hub 3. Wear facemask during in-home service delivery.	CAC staff are directed not to come to work if they are unwell or display any flu-like symptoms If CAC is providing services, CAC staff may be required to wear suitable Personal Protective Equipment.

We have and will continue to put in place all necessary prevention measures recommended by the Australian Department of Health to ensure the safety and wellbeing of our staff and clients. Our active staff and support workers are trained to deliver safe and COVID-19 free services

- This week we have received a few answers for the hidden message in Activity Book 2nd Edition from our seniors. Even though none was correct, we strongly encourage our seniors & NDIS participants to continue sending in their answers because there is no limit on how many you can guess. If you have not received our book, you can either download an electronic copy from our Facebook page

<https://www.facebook.com/chungwahcac>, or email us at enquiry@chungwahcac.org.au and we'll send you a copy. You are only a book away from getting a prize!

- Recently we have uploaded new YouTube videos conducted by our talented volunteers delivering Aged Care System Navigator seminars. This is to ensure community members who are still not ready to go out can also receive information on how to access Aged Care Services. If you have not watched this, you are more than welcome to check it out in the link below. Please do not forget to subscribe to our YouTube channel to receive notification for our newest videos.

🚩 Aged Care System Navigator Mandarin (普通话) <https://youtu.be/VlxifinoCJM>

🚩 Aged Care System Navigator Cantonese (粤语) <https://youtu.be/9MkMpRzSDAo>

🚩 Aged Care System Navigator Vietnamese (Tiếng Việt) <https://youtu.be/28ADOBHGFyk>

🚩 Aged Care System Navigator English <https://www.youtube.com/watch?v=TEfhLTprBns>

Moreover, with the reopening of Balcatta community hub, we will be organising free information sessions on Australian Aged Care via **Aged Care System Navigator** program to all community members. Please stay tune for future dates & times in the upcoming weeks! Should you need any urgent assistance, please contact us on 08 9328 3988 or at enquiry@chungwahcac.org.au!

- Despite a couple of rainy days this week, the weather forecast shows sunny Saturday and Sunday. Please do not be afraid to get out, soak yourself with that gorgeous sunshine and spend quality time with your friends and families in this beautiful weather, either having a picnic at the park or gathering at your favourite yumcha restaurants! The most important thing we need to remember is to continue exercising caution measures including hand hygiene, cough/sneeze etiquette and social distancing. We wish everyone a lovely weekend, and if you have any stories to share with us, do not hesitate to let us know on 08 9328 3988.

❖ **How you can help to prevent the spread of coronavirus:**

- Go about your business as usual, remain calm and use common sense.
- Protect yourself through quality personal hygiene like you would in the winter flu season – this includes covering coughs and sneezes, washing hands often with soap or sanitiser and staying away from work or school if you are unwell.
- Continue to follow the advice of health authorities - anyone instructed to self-isolate by a doctor or medical professional must take the request seriously, stay home and not put others at risk.
- Know the facts by sourcing accurate information, from credible sources such as the Department of Health (<https://www.health.gov.au/resources/collections/novel-coronavirus-2019-ncov-resources>).
- Download COVIDSafe app to your mobile phone as it helps users to identify if they have come into contact with someone who has coronavirus and users can give the information to relevant health authorities (<https://www.health.gov.au/resources/apps-and-tools/covidsafe-app>)

Everyone plays a part, we are all in this together!